

Instruction for a private gesture, to be undertaken without remark.

Do not allow anyone to see this card.

Do not make known the gesture you have been given.

Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Inspect the bottom of your shoe with vigour.

DURATION: 15 seconds.

REPETITIONS: 2.

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GESTURE: Use 16 words that begin with 'C'.

DURATION: 90 seconds.

REPETITIONS: 1.

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GESTURE: Place both palms upon the floor

DURATION: 10 seconds.

REPETITIONS: 2.

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GESTURE: Cry out in pain.

DURATION: 2 seconds.

REPETITIONS: 2.

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GESTURE: Wax lyrical upon a subject of which you are entirely ignorant.

DURATION: 60 seconds.

REPETITIONS: 1.

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GESTURE: Form a cross with your body.

DURATION: 4 seconds.

REPETITIONS: 4.

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GESTURE: Hum a tune.

DURATION: 7 seconds.

REPETITIONS: 5.

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GESTURE: Stand on one leg, rubbing your right foot against your left calf.

DURATION: 8 seconds.

REPETITIONS: 3.

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GESTURE: Give something away.

DURATION: 25 seconds.

REPETITIONS: 1.

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GESTURE: Use the phrase 'Hegelian reification'.

DURATION: 2 seconds.

REPETITIONS: 3.

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GESTURE: Defend the indefensible.

DURATION: 100 seconds.

REPETITIONS: 1.

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GESTURE: Clap with glee.

DURATION: 5 seconds.

REPETITIONS: 3.

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GESTURE: Ask for water.

DURATION: 4 seconds.

REPETITIONS: 6.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Rest your hands upon the top of your head.

DURATION: 15 seconds.

REPETITIONS: 5.

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GESTURE: Yawn loudly.

DURATION: 22 seconds.

REPETITIONS: 4.

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GESTURE: Protest your innocence.

DURATION: 8 seconds.

REPETITIONS: 2.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Draw a circle on somebody's arm with your finger.

DURATION: 2 seconds.

REPETITIONS: 4.

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GESTURE: Jog on the spot.

DURATION: 7 seconds.

REPETITIONS: 3.

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GESTURE: Stare intently.

DURATION: 70 seconds.

REPETITIONS: 3.

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GESTURE: Issue a compliment.

DURATION: 3 seconds.

REPETITIONS: 8.

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GESTURE: Ask to borrow something.

DURATION: 4 seconds.

REPETITIONS: 5.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Give yourself a back massage.

DURATION: 17 seconds.

REPETITIONS: 4.

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GESTURE: Do a drum solo.

DURATION: 15 seconds.

REPETITIONS: 3.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Lie through your teeth.

DURATION: 15 seconds.

REPETITIONS: 3.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Place your hands on your hips, stretch your legs out one by one.

DURATION: 15 seconds.

REPETITIONS: 3.

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GESTURE: Ask someone their middle name.

DURATION: 4 seconds.

REPETITIONS: 6.

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GESTURE: Tamper.

DURATION: 18 seconds.

REPETITIONS: 2.

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GESTURE: Count your fingers.

DURATION: 10 seconds.

REPETITIONS: 10.

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GESTURE: Cradle your head.

DURATION: 16 seconds.

REPETITIONS: 4.

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GESTURE: Rub your hands along your arms.

DURATION: 9 seconds.

REPETITIONS: 6.

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GESTURE: Find something unusual to sit on.

DURATION: 40 seconds.

REPETITIONS: 1.

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GESTURE: Blow upon your fists, as if cold.

DURATION: 11 seconds.

REPETITIONS: 3.

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GESTURE: Stand still with your eyes closed.

DURATION: 120 seconds.

REPETITIONS: 3.

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GESTURE: Examine your hair.

DURATION: 22 seconds.

REPETITIONS: 5.

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GESTURE: Interrupt a performance.

DURATION: 18 seconds.

REPETITIONS: 1.

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GESTURE: Rest your hands upon your knees and breath.

DURATION: 15 seconds.

REPETITIONS: 4.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Pretend to be someone else.

DURATION: 45 seconds.

REPETITIONS: 2.

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GESTURE: Jump.

DURATION: 3 seconds.

REPETITIONS: 5.

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GESTURE: Attempt to walk a perfect circle.

DURATION: 30 seconds.

REPETITIONS: 2.

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GESTURE: Nod at a stranger.

DURATION: 2 seconds.

REPETITIONS: 12.

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GESTURE: Touch every wall.

DURATION: 55 seconds.

REPETITIONS: 2.

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GESTURE: Do a dance.

DURATION: 14 seconds.

REPETITIONS: 3.

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GESTURE: Lie down.

DURATION: 3 seconds.

REPETITIONS: 7.

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GESTURE: Climb.

DURATION: 12 seconds.

REPETITIONS: 3.

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GESTURE: Spin slowly until dizzy.

DURATION: 115 seconds.

REPETITIONS: 2.

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GESTURE: High five everyone.

DURATION: 3 seconds.

REPETITIONS: 50.

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GESTURE: Answer a completely unrelated question.

DURATION: 6 seconds.

REPETITIONS: 7.

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GESTURE: Speak in a made up language.

DURATION: 9 seconds.

REPETITIONS: 3.

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GESTURE: Make yourself as big as possible.

DURATION: 18 seconds.

REPETITIONS: 3.

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GESTURE: Make yourself as small as possible.

DURATION: 16 seconds.

REPETITIONS: 4.

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GESTURE: Mime sadness.

DURATION: 5 seconds.

REPETITIONS: 6.

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GESTURE: Warm up.

DURATION: 23 seconds.

REPETITIONS: 3.

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GESTURE: Leave and return.

DURATION: 234 seconds.

REPETITIONS: 3.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Hop-scotch.

DURATION: 12 seconds.

REPETITIONS: 4.

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GESTURE: Rub your forefinger repeatedly against your prostrated lower lip.

DURATION: 10 seconds.

REPETITIONS: 3.

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GESTURE: Turn round suddenly with a look of surprise.

DURATION: 2 seconds.

REPETITIONS: 14.

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GESTURE: Raise your voice.

DURATION: 1 seconds.

REPETITIONS: 4.

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GESTURE: Lasso the moon.

DURATION: 9 seconds.

REPETITIONS: 2.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Cover you ears.

DURATION: 7 seconds.

REPETITIONS: 5.

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Do not make known the gesture you have been given.

Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Cover you eyes.

DURATION: 9 seconds.

REPETITIONS: 4.

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Do not allow anyone to see this card.

Do not make known the gesture you have been given.

Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Cover you mouth.

DURATION: 12 seconds.

REPETITIONS: 7.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Bend over backwards.

DURATION: 24 seconds.

REPETITIONS: 2.

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GESTURE: Raise your shoulders to your ears.

DURATION: 3 seconds.

REPETITIONS: 14.

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GESTURE: Use sign language.

DURATION: 7 seconds.

REPETITIONS: 4.

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Undertake with subtlety, only as many times as stated, at any moment during the length of your visit.

GESTURE: Raise your fingers to the ceiling.

DURATION: 9 seconds.

REPETITIONS: 3.

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